

CRESTON CURLING CLUB

RETURN TO CURLING 2020

SAFETY PLAN



SEPTEMBER 21, 2020

Message from the President & the Board

We are pleased to announce that we will be curling in Creston come October 2020! Yes, there will be some changes in the way we operate our curling club and play our game, but the flip side is that we will be back on the ice enjoying our sport of curling!

We would like to thank all our members for taking the time to respond to our surveys. We appreciate your feedback. Most members expressed that they will return to curling if safety measures are in place. We understand that some people will not curl as the risk of contracting Covid-19 is greater when participating in indoor events.

We have worked very hard over the last 2 months, spent many hours in meetings and reading ...and more meetings and reading and gathering and compiling information to develop a Safety Plan for our Club in order for our Club to return to curling in the fall!

This document contains a lot of information that will be critical to your participation for the 2020-2021 season. Please review it entirely, members must take the time to read it, understand and comply with these new guidelines and protocols.

Our main focus is to provide a safe recreational environment for all our members by implementing protocols and policies to curb the transmission of Covid-19. And we in turn ask our members to be responsible for not only their own safety, but the safety and well-being of those around us.

Our Safety Plan was written for Phase 2/3. We have just recently transitioned to Phase 3. It is an ever changing environment so it's possible that we could go back to Phase 2 but more hopeful that we will move forward into Phase 4!

We appreciate everyone's support in these unprecedented times and if anyone should have any questions or concerns, please drop us an email at crestoncurling@gmail.com. Stay safe and see you soon!

Sincerely,

Terry Webster, President and the Creston Curling Club Board of Directors

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Risk Assessment & Summary of Actions Being Taken

The risk of contracting Covid-19 is increased when participating in activities where you may interact with other individuals while in an indoor environment. Curl BC considers curling to be a MEDIUM risk sport for the contraction of Covid-19 due to the colder climate and poorer ventilation of our indoor curling environments.

We have done a risk assessment and analyzed the risks particularly within our curling club, activities/programs, our membership, including our senior base and their higher risk profile. We have determined that with the implementation of new policies and protocols that we can limit the risk of transmission of Covid-19.

We have incorporated a safety plan within our Return to Curling Plan as required for our Club's operation to restart. Our guidelines are compliant with current provincial health guidelines, WorkSafeBC regulations, viaSport guidelines, Curl BC guidelines and the Creston & District Community Complex guidelines.

These guidelines have been established to ensure the safety, health and well-being of our members and employees and to minimize exposure to the coronavirus. We appreciate our Members support as we proceed with our re-start plan.

It is important that all individuals understand that when you choose to participate in physical activities outside the home during the pandemic – including curling – you may be at an increased risk of being exposed to and contracting Covid-19. Members should carefully assess their personal health circumstances before engaging in curling activities

The guidelines we are providing are subject to change due to the ongoing coronavirus directives issued by the Provincial Health Officer, WorkSafeBC, Via Sport, Curl BC or CDCC.

Policy Measurements

Illness Policy

PLEASE STAY HOME if you are sick, have flu-like symptoms, have a fever, cough, shortness of breath, chills, fatigue muscle aches, new loss of smell or taste, or are otherwise unwell. We have a ZERO tolerance policy for 'playing while sick'. It is every curler's responsibility to help ensure the safety of all. It is imperative that everyone make every effort to prevent coronavirus from spreading and entering our building.

Please let us know if you are experiencing any symptoms, or if you have been in contact with someone who was confirmed with Covid-19. The Club needs to be aware of a possible Covid-19 case as soon as possible. Please inform any Board member or Staff member. A list of these individuals and their contact information will be posted at the Club, their contact information is also available on our website: crestoncurling.com

Please review the Club's Illness Policy in detail. Refer to **Appendix A**

Covid-19 Health Declaration

The Club will conduct daily health screenings of all curlers, staff and volunteers. All Curler's **MUST** sign the Covid-19 Health Declaration each and every time they enter the Club. The document will include the standard Covid-19 pre-screening statements, the Date, the League Name and it will list all the curlers in that particular league, along with their contact information. Curlers should read the terms, and if you agree (answer yes to all), then sign next to your name.

Staff and Volunteers **MUST** sign a Covid-19 Health Declaration each and every time they enter the Club as well. The Declaration for Staff and Volunteers will be separate from the curler's Declaration.

The Declaration will also serve as a participant roster and can be used for contact tracing. The Club will provide a copy of each Declaration to RDCK as per their request and the Club will retain for 30 days as required by the Health Authorities.

Waivers

Release of Liability, Waiver of Claims and Indemnity Agreement

Members normally endorse and agree to the Club's Waiver and Liability Release when registering, the Waiver will now include language on the risks of contracting Covid-19.

COVID-19 Declaration of Compliance Waiver Agreement

In addition, a separate waiver requires the disclosure of exposure or illness in order to safeguard the safety of all participants and as well members will declare to comply with all safety measures

Both Waivers will pop up during your online registration!

Protocol Measurements

Enhanced Cleaning

The High Touch areas and surfaces within the Curling Club have been identified. The unnecessary touchpoints will be removed. For all existing Touchpoints, measures are in place to increase the frequency of cleaning and disinfecting of these areas, including but not limited to: Ice Equipment and tools, Ledges, Door Handles, Rock Handles, Club Curling Equipment, Boot Cleaners, Light Switches, Measuring Devices, and Scoreboards.

Only those cleaning products approved by Health Canada will be used.

'No touch' Garbage Bins will be available in the Club, on the Ice and in the Lounge.

Washrooms will be cleaned and disinfected daily. Occupancy is restricted to only 1 person at a time in each washroom on the lower viewing area.

Tissues will be available on the ice and placed next to sanitation stations and a garbage bin. To use tissue: a) remove gloves, b) use tissue, c) throw tissue away, d) sanitize hands, e) put gloves back on.

Personal Hygiene

- Wash your hands often with soap and water for at least 20 seconds. Using soap and water is the single most effective way of reducing the spread of infection.
- If soap and water is not convenient, use the Sanitizers
- Do not touch your face, eyes, nose or mouth with unwashed hands.
- Cover your mouth and nose with a disposable tissue or the crease of your elbow when you sneeze or cough.

Protective Wear

Masks are **mandatory** upon entering the Rec Centre, unless there is medical reason that a member cannot wear one. Masks are mandatory throughout the Curling Club, in the Locker Room, in the lower viewing area (Staging Area) and in the Lounge.

They are not mandatory on the ice during curling because the new modified game and new ice layout allows for physical distancing on the ice. Players are welcome to wear one if they prefer to, but they need to note that if they become wet they will not protect the user so be sure to bring a changeup!

Require that all Members/Staff and Volunteers supply their own masks, but in case of an emergency the Club will have masks and gloves available.

Sanitizer Stations

Stations will be located at all Entrances, in and outside the washrooms, in the Locker Room, in the Staging Area and on each Sheet of Ice.

Sanitizer wipes will be available for cleaning the rock handles as spray sanitizers cannot be used.

Signage and Information

A copy of our Safety Plan will be emailed to all members, posted on our website, our Facebook page, and in the Curling Club.

Posters will be placed throughout the Club to remind curlers to maintain physical distancing, to Sanitize, to perform frequent handwashing, to cough into a tissue or the crease of your elbow. Posters will be posted to display Occupancy Limits in the Club, Washrooms and the Locker Room. Floor decals will be used, where required in the Club, on the Ice and in the Lounge to ensure physical distancing and to indicate the flow of movement throughout the Club.

Enforcement

Should participants fail to comply with these protocols and policies, they are subject to removal from activities /facility use. If anyone feels that they cannot comply with these safety measure, please do not register for curling this season.

Staff Protocol

Communication/Training

All staff will receive COVID-19 safety plan training on how to protect themselves and our members from Covid-19, and how to minimize the spread of Covid-19. The President/Board Member will communicate to all Staff what the Club's expectations are related to the policies and safety guidelines set out in the Club's Safety Plan. With the ever changing environment, there could be changes to the safety guidelines and therefore these changes would be communicated to Staff.

It is our Staff's responsibility to educate and train the volunteers that are assisting Staff with their duties, for eg ice making volunteers/ice cleaning volunteers, additional bar volunteers. Staff must ensure that volunteers have been educated in the Club's expectations related to the policies and safety guidelines set out in the Club's Safety Plan.

Personal Hygiene

1. Staff/Volunteers must wash or sanitize their hands:
 - Upon arriving for work,
 - Before and after breaks/leaving and re-entering the Club/Lounge,
 - Before and after touching shared items, (eg tools, computer),
 - After using the washroom.
2. Staff/Volunteers must use proper cough and sneeze etiquette,
3. Staff/Volunteers must avoid touching their eyes, nose and mouth.

Illness Policy

If you are feeling sick, **please stay Home!** Staff/Volunteers who experience any symptoms must stay home and away from the Club. If you start to feel ill while at work, you should go home immediately. Staff/Volunteers should notify the Club personnel as soon as possible if they are sick and unable to work. The Club will provide Staff with contact names and numbers of who they should notify when they are sick.

Please review the Club's Illness Policy in detail. Refer to **Appendix A**

Covid-19 Health Declaration

All Staff and Volunteers must sign a Covid-19 Health Declaration each and every time they enter the Club. The Declaration, which will include the standard symptom screening statements, must be signed and dated.

Entering the Rec Center

Staff must call the Rec Center when they are coming to work as the doors will remain locked. The main desk number is 250-428-7127. If you are calling after 3:30 PM, you should call Maintenance Personnel at 250-428-6260. Just ring the doorbell when you are at the door and Rec Center staff will let you in.

When Staff arrange for volunteers to come in, you will need to open the Rec Center door to let them in, or you can arrange for them to enter through the back door of the Curling Club.

Masks

Staff/Volunteers must wear a mask within the Rec Center, the Curling Club and in the Lounge as well as maintaining 2m physical distancing. If working on the ice, masks can be removed but ensuring that there is always 2m distancing. If you are unable to maintain 2m distancing then masks must be worn.

Assess Risk

Surfaces and areas that are frequently touched by hands are most likely to be contaminated including, but not limited to ice scraper, nipper, pebbling cans & heads, brooms, mops, vacuum, garbage cans, countertops, sink handles, bathroom facilities, cabinet door handles, shared office/computer, door handles. Boot cleaner, scoreboard numbers, chairs/benches, window ledges, light switches, tissue boxes, tables, telephones.

Magazines/Bulletin Boards – High touch-Congregation-Distancing

Measures to reduce Risk in the Curling Club

Remove all Magazines/Newspapers/Bulletin Boards - Remove unnecessary tables, Remove unnecessary tools or equipment that may elevate the risk of transmission

Enhanced Cleaning/Sanitation Protocol in the Curling Club

As per the CDC and BCRPA guidelines increased cleaning and disinfection using HC approved cleaners is required of common high touch points to prevent COVID-19 from spreading through contaminated surfaces. These areas are high priority cleaning areas within the facility.

HIGH TOUCH AREAS	FREQUENCY	CLEANER	
Door handles-Club entrances, Ice entrances Inside & Out, Washrooms Inside & Out	Clean before every game,	Disinfectant Wipes	
Window Ledges, Inside & Out and Pony Wall Ledge	Daily	Disinfectant Wipes/Spray	
Boot Cleaner	Clean before every game	Disinfectant Wipes/Spray	
Scoreboard Numbers	Each time they are returned	Disinfectant Wipes	
Tissue Boxes & Light Switches	Daily	Disinfectant Wipes	

Washrooms, including facilities, Sinks, Sink Taps, Countertops and Floors	Daily	Disinfectant Cleaner	
Chairs/Benches/Tables	Daily	Disinfectant Wipes/Spray	
Shared Office/Computer	Before and After Every Use	Disinfectant Wipes	

When using any equipment and tools, including scraper, nipper, pebbling cans & heads, brooms, mops, vacuum, staff and volunteers must clean and disinfect before and after every use. Use a disinfecting spray and wipe with a supplied towel, but if spraying is not appropriate, then disinfectant wipes should be used.

When winter gloves are used on the ice, these must be removed and put away in your pocket, then sanitize your hands before entering the warm side. Gloves cannot be sanitized and therefore can be contaminated.

A Checklist outlining cleaning protocols and frequency will be provided for Staff to record when cleaning is completed.

Measures to reduce Risk in the Lounge

Protective Wear

All Staff must wear a mask. Wearing gloves is optional, but if worn you must avoid touching your face and the gloves must be discarded after being removed.

Bar Staff must maintain 2m physical distancing at all times.

Plexi-Glass will be installed at the bar for additional protection for bar staff..

Bar Staff will need to monitor the number of patrons in the Lounge and ensure that patrons are following all the Club’s safety guidelines.

Enhanced Cleaning/Sanitation Protocol in the Lounge

As per the CDC and BCRPA guidelines increased cleaning and disinfection using approved cleaners is required of common high touch points to prevent COVID-19 from spreading through contaminated surfaces. These areas are high priority cleaning areas within the facility.

Tables and Chairs must be cleaned and disinfected after each use. Use disinfectant spray and wipe down with a towel. The towel must be disposed of after each table.

The Stairwell banister must cleaned and sanitized daily using disinfectant wipes.

All other high touch points, including but not limited to, door handles, window ledges, light switches, telephone, countertops must all be sanitized daily using a disinfectant spray or wipes.

General

Staff are responsible for taking reasonable care to protect their own health and safety and the health and safety of other people at workplace. In the context of COVID-19, this means workers are responsible for their own personal self-care, which includes frequent hand washing and staying home when sick. Workers are also responsible for reporting unsafe conditions to their employer, and following the procedures put in place by the employer to control the risks associated with COVID-19.

Club Operations

Registration

Registration will be available for Fall Leagues (1/2 Season) only. The preferred method of registering is using the online Curling I/O Registration System.

In Person Registration is available by appointment only on September 28, 29 and 30th between 10 AM to 3 PM. To book your appointment, Call: Diane at 250-866-5150, or Email: crestoncurling@gmail.com Masks are required.

Payment Methods available online: Credit Card or Cash. If you choose Cash, you can 1. Send an e-Transfer, 2. Arrange a time with Club to deliver your cash/Cheque, 3. Arrange a time with Club to process payment using debit card (will be available in the Lounge as well)
Payment Method available In-Person: Credit Card, Debit Card, Cash or Cheque.

Early Bird Deadline: October 1, 2020

If we are required to cease curling due to Covid-19, we will reimburse your league fees for the number of games remaining in the session (pro-rated fee) with the exception of \$25.00 Administration Fee (covers Affiliation Fees & refund processing fee)

The occupancy limit within the Staging Area (lower viewing area) is only 24. This area cannot accommodate all 6 Sheets (48 curlers) changing up at the same time. Therefore the game start times will be staggered amongst the 6 Sheets of Ice. For Evening leagues the Odd Sheets, 1, 3 and 5 will start at 6:45 PM and the Even Sheets, 2, 4 and 6 will start at 7:15 PM. For Senior Mixed and Senior Men's leagues, the Odd Sheets, 1, 3 and 5 will start at 10:00 AM and the Even Sheets 2, 4 and 6 will start at 10:30 AM. Wednesday Ladies will start at 1:00 PM as there were only 3 Sheets registered last year. If this changes, the ladies will be notified. Curlers will need to be aware of what sheet they are playing on so they arrive at the right time.

Spares will be allowed as long as they are current members, registered in another League this season

If more than 12 teams register in a league, the current logistics cannot accommodate a 2nd Draw, therefore the games in the '2nd Draw' will be held on another day.

New Leagues: Doubles on Tuesday evening and Stick Curling on Monday afternoon.

Junior Program is cancelled for the fall season, we will revisit later in the year.

No outside visitors will be allowed in the Club/Lounge, members only. Lounge will be closed prior to all games.

Member spectators will not be allowed as the Club's overall capacity is limited to 50 people.

Bring your own water bottle, the Water Coolers will be removed.

Bring your own broom cleaning brush, all the broom cleaning brushes on the ice will be removed.

Do your stretches/warm ups at home, there is no room at the Club.

First Aid Protocol

Any person who attends to an injured curler must first put on a mask and gloves. All other curlers should stay back and retain 2m distancing. Secondly ensure that the injured person puts on their mask, the person attending to them may need to assist them with their mask. If additional masks and gloves are required, they will be available near the First Aid Kit. Determine the seriousness of the injury and follow the protocol for injuries which is detailed by the First Aid Kit.

Entering the Creston & District Community Center

Curlers should arrive up to 15 minutes prior to the start of game time. The Rec Center's doors will be closed at all times. If you arrive earlier, you will have to wait outside, and if you are late you will be locked out! As curlers arrive and enter the facility, you must **maintain a 2m distance** and it is **mandatory to wear a mask**. A Curling Club volunteer will open the door and admit curlers. If you wear a name tag it will help our volunteer door attendants to identify our members.

Daytime Curlers will enter through the 'East' doors (the doors nearest to the ATM machine. Always maintain 2m from other curlers, continue straight ahead, past the concession, keep going and you will enter the Curling Club through what is normally the Club's Emergency Exit Doors. After your game, you must exit through these same doors.

Evening Curlers will enter through the 'West' doors. Always maintain 2m from other curlers, continue to the Curling Club as you would normally. After your game, you must exit through these same doors.

Both doors leading into the Curling Club will be propped open to lessen the touch points.

Entering the Curling Club

Curlers will continue wearing a mask and maintain 2m distancing throughout the Curling Club. Curlers will sanitize upon entering, clean their street shoes, if required, and then proceed to the table to attend to signing the Health Declaration. **Curlers must sign the Declaration before entering the Club**. As stated in the Health Declaration Policy above, curlers must sign the Declaration prior to every game.

After signing the Declaration, you should proceed to the Locker Room or to your Locker in the open area to get your equipment OR if you already have your equipment in hand, proceed to the Lower Viewing area (Staging Area).

Locker Room

Curlers will continue wearing a mask and maintain 2m distancing in the Locker Room. The occupancy limit in the Locker Room is restricted to a **maximum of 5 curlers at a time**. Curlers must be vigilant in obeying the occupancy limit. Maintain the required 2m physical distance, if someone is in their locker which is next to yours, you need to stand back and wait until they have moved on, this also applies to the Lockers located along the wall at the far end of the Club. **You must keep a 2m distance at all times.**

All benches/chairs will be removed from the Locker room. Curlers must come dressed for curling, there is no changing clothes and no socializing in the Locker Room! Curlers should get into their Locker, get their equipment and move on to the Staging Area as quickly as possible!

Curling Club Equipment

The Club recommends that all curlers use their own equipment, but we understand that it's not always financially possible for everyone. Therefore curlers will be allowed to use the Club's equipment, including Brooms, Delivery Sticks, Delivery Aids, Slip-on Sliders and Grippers. If using equipment, the following protocols must be followed:

1. Curlers must sign out the equipment that they use, and
2. Curlers must clean and sanitize all equipment before use. Using bare hands (no curling gloves), wipe down each piece of equipment with a disinfectant wipe prior to use, and
3. Curlers must clean and sanitize all equipment after use.

Staging Area (Lower Viewing Area)

Prior to Game

Curlers must wear a mask and maintain 2m distancing in the Staging Area. This area will have 24 seats set 2m apart for the purpose of changing up your shoes. Leave your street shoes under the chair and take your jacket/valuables with you onto the ice. Proceed to the ice using the appropriate Door that corresponds to the Sheet that you are playing on.

After the Game

Once you have changed up your shoes, you will need to vacate the Staging Area as quickly as possible as other teams may be coming off the ice. Return your equipment to your locker, or carry it with you, then exit the Club and Rec Center through the same doors that you came in. Always maintain 2m physical distancing from other curlers. Sanitize on your way out of the Club.

If you choose to go to the Lounge, you must take your equipment with you to the Lounge because you cannot return to the Curling Club. The stairwell to the Lounge is a One-way Entrance 'Up' only, you will exit the Lounge/Rec Center through another door (see Lounge Protocol).

Entering the Ice

If you are curling on Sheet 1 or 2, please use the first door to enter and exit the ice, if you are on Sheet 3 or 4, use the middle door to enter and exit the ice, and if you are on sheet 5 or 6, use the far door by the Lockers to enter and exit the ice.

The seconds from each team should try to enter the ice as quickly as possible as they are responsible for sanitizing their team's rock handles before each Draw. Disinfectant wipes will be available, do not use a spray as this will damage the ice surface!

It has been noted that the rock bottoms cannot be sanitized and therefore can carry the virus. If you clean with your bare hand or your curling glove, it's possible that the virus could then spread to your rock handle or broom. Recommendation is that we use our broom pad to clean or perhaps don't clean at all.

Curlers must maintain 2m physical distancing as they vacate the Staging area, go through the doors and onto the ice. Once on the ice, Curlers must take their positions so that all curlers are physically distanced. The team that is not delivering first should move up the ice and position themselves along the same sideline and the skip goes to the far backboard. The team that is delivering should take their positions and their skip will position in the house. The required positioning of curlers is explained in detail below in the Game Modification Protocol.

Once all curlers have taken their positions on the ice, curlers can remove their masks, if they choose to.

Game Modifications & Protocol

ALL curlers must maintain 2m physical distancing at all times on the ice, including spouses and family members. Particularly if you are curling in 3 – 4 leagues, please be mindful of keeping your distance at all times. Do not touch anybody else's property, or their rocks.

The maximum occupancy limit in the Curling Club is 50. With all 6 sheets playing 4 on 4, plus a volunteer and one staff, there will be 50 people in the Club. Absolutely no additional member/spectators will be allowed into the Club. **We must be vigilant that we do not exceed the occupancy limit of 50!**

8 End Games will be played with the time clocks set for 2 hours. After 2 hours, you will be allowed to finish the end and then you're done! Games must be punctual. This will allow time for those curlers, who enjoy a beverage after a game, to get to the Lounge before the Last Call which has been set by the Provincial Health Officer at 10:00 PM.

No Handshaking – recommend verbal 'Good Curling', broom taps!

No tossing for hammer. Hammer will be pre-determined, it will be noted on the schedule which team has hammer.

Each curler throws the same 2 rocks the entire game. If for some reason there is a change, you must re-sanitize your own throwing rocks.

Marking the Scorecard – The Third from the team with the Hammer at the start of the game will mark the Scoreboard for both teams for the entire game.

Try to avoid measuring, but in the event of a measurement, adhere to 2m physical distance as you retrieve the measuring device. Sanitize the measuring device before and after use.

Page 18 – Appendix 5 – Distancing Illustrations: The diagram illustrates the positioning of players when 1) Rock is Ready to be Delivered, and 2) Rock is being Delivered.

In the **first illustration**, the **Red team is ready to deliver**. Note the positioning of the players, the Red Skip has control of the house, the player whose turn it is to deliver is in the hack, the non-sweeping player is on the backboards and the sweeping player is at the T-Line.

The Blue team is the non-delivering team. Note the positioning of the players. The Blue skip is standing back of the hack/on the backboard, and the other three players all stand along the same side of the ice. For example, if you are playing on Sheet 2, always walk or position yourself on the sideline to Sheet 1. This will keep players 10 feet apart. There will be two In-Ice markers inserted in the ice about 4 feet from each side of the center ice (roughly 69 feet from the end boards).

The Blue Lead is positioned on the Hog Line, the Second is positioned on one of the In-Ice Markers, and the Third is positioned on the other In-Ice Marker.

In the **second illustration**, the **Red team is delivering** their stone. You will notice in the illustration that the Red player delivering their stone is sliding to the middle of the ice, not all curlers will slide that far, some may not slide out at all! Those curlers that do slide to the hog line and farther, it will be easier for them to get to their next position. For those who do not have a long delivery slide, after releasing their stone, they will need to walk up the center line of the ice to the half way point or at least past the hog line in order to take their position on the sideline.

The Red player on the Backboard will follow the player delivering the stone up the center line of the ice staying back 2m up to the half way point and then take their position on the sideline.

The Red sweeper must ensure that they stay 2m from the person delivering the stone. One sweeper only on all delivered stones. No relaying (second sweeper taking over halfway down the sheet). After the stone comes to rest, the sweeper takes their position on the sideline. At this point all three Red Team players are positioned on the sideline and by now the Red Skip would have relinquished the house and moved to the backboard.

As the Red players were delivering their stone and moving up the ice, the **Blue players**, made their way to house/hack walking along the sideline, always maintaining 2m distance. The Blue player whose turn it is to deliver will get in the hack, the non-sweeping Blue player will go to the Backboard, the sweeping Blue player will take their position around the T-line and the Blue skip will take control of the house.

The players continue this cycling which somewhat resembles a circle for the entire game. This cycling and movement will ensure that all curlers maintain the required 2m physical distancing.

Curling Canada has a few videos on their site with teams playing in this new ice layout and game modification. Check it out! <https://www.curling.ca/return-to-play/>

When the end is over, all players should keep their positions and only the 2 thirds, while maintaining 2m distancing will come in the house to determine the score. The team that scores the point(s), because they will be the Delivering team, will be responsible for clearing the entire house of rocks and putting them away in the corners. Two of the players should push the rocks to the corners, and the 3rd player can arrange the rocks in single file. Do not put them in number order as this wastes time. Use your feet or brooms to move the rocks, do not touch the rocks with your hands.

Meanwhile the non-delivering team should proceed to their positions, as explained above, two players will position on the two In-ice markers and the third player will position on the hog line and the Skip will proceed to the back board at the far end.

As for determining who should stand on the markers and who should stand on the hog line is probably not that important. It's suggested that the player whose turn it is to deliver next should stand on the hog line.

The Skip/Vice-Skip of the non-delivering team must stand on the backboards and is not allowed to sweep any stones (both colors) set in motion in the house. The non-delivering skip must remain behind the hack until all stones come to rest and the other team relinquishes control of the house.

The Skip/Vice-Skip of the Delivering team is not allowed to sweep any stones (both colors) under any circumstance.

At the end of the game, remove your curling gloves and place in your pocket, sanitize your hands, **put on your mask**, all the while maintaining the required 2m physical distancing. Exit through the same door that you entered. Go directly to the Staging area to change up your shoes.

Curling Lounge Protocol

The Lounge will be closed prior to games. The Lounge will be positioned as a separate entity from the Curling Club. The maximum capacity in the Lounge is 50, including Bar Staff. Only 48 chairs will be set out in tables of 4, thus allowing for potentially 2 bar staff. If we require 3 bar staff then there will be only 47 chairs available. The tables will be arranged with 2m distancing between them and the seats will be 2m from seats at another table.

Members will enter the Lounge up the Stairs always maintaining physical distancing and wearing their masks. Members will go directly to their assigned table, and bar staff will serve you at your table. Once seated you can remove your masks.

Member's names will be collected from each table. Information will be retained in case there is a need for contact tracing by the health authorities.

Debit Card payment will be available as well as Cash.

As outlined in the Provincial Health Officer's guidelines, patrons must remain seated except to use the washroom or leave the premises. We are not allowed to sing or dance but we will enjoy hanging out with our curling family and share a few laughs! When you leave your seat you must put on your mask.

If going to the washroom, use the normal door to use the washrooms in the Rec Center hallway and reenter the Lounge through the same door.

The Provincial Health Officer has ordered the last call for liquor is 10 PM and Lounges must close at 11 PM. All Curlers will need to vacate the Lounge by 10:45 to allow 15 minutes for the Bar Staff to clean, lock up and vacate the Lounge/ Rec Center by 11:00 PM.

Members cannot use the stairwell to exit the Lounge, as the stairwell is designated as an entrance only, therefore members will exit the Lounge through the Lounge Emergency Door located at the back of the Lounge. Go through the second set of doors, past the Kitchen entrance, past the Creston Room entrance and follow the hallway around until you come to the Stairwell. Take the stairwell and at the bottom of the stairwell, turn right and you will exit through those emergency doors. Do not walk through the main foyer of the Rec Center.

ILLNESS POLICY – APPENDIX A

In this policy, “Team member” includes an employee, volunteer, participant or parent/spectator.

1. Team member should assess themselves for any symptoms of COVID-19. Symptoms include fever, chills, cough, and shortness of breath, sore throat and painful swallowing, stuffy or runny nose, new loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

2. If a Team Member is feeling sick with COVID-19 symptoms

- a. They should remain at home and contact Health Link BC at 8-1-1.
- b. If they feel sick and /or are showing symptoms while at the curling club, they should be sent home immediately and have them contact 8-1-1 or a doctor for further guidance.
- c. No Team Member may participate in a practice/activity if they are symptomatic.

3. If a Team Member tests positive for COVID-19.

NOTE: A positive test will trigger the local health authority to implement contact tracing. Do not attempt to do the contact tracing on behalf of them. Please ensure you work with them to communicate about the outbreak.

- a. The Team Member will not be permitted to return to the workplace/practice/facility until they are free of the COVID-19 virus.
- b. Any Team Members who work/play closely with the infected Team Member will also be removed from the facility for at least 14 days to ensure the infection does not spread further.
- c. Close off, clean and disinfect their work/practice/facility area immediately and any surfaces that could have potentially be infected/touched.

4. If a Team Member has been tested and is waiting for the results of a COVID-19 Test

- a. As with the confirmed case, the Team Member must be removed from the workplace/practice/facility.
- b. Other Team Members who may have been exposed will be informed and removed from the workplace/practice/activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
- c. The workspace/practice/activity space will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

5. If a Team Member has come in to contact with someone who is confirmed to have COVID-19

- a. Team Members must advise their employer/coach if they reasonably believe they have been exposed to COVID-19.
- b. Once the contact is confirmed, the Team Member will be removed from the workplace/practice/activity for at least 14 days or as otherwise directed by public health authorities. Team Members who may have come into close contact with the Team Member will also be removed from the workplace for at least 14 days.
- c. The workspace/activity area will be closed off, cleaned, and disinfected immediately and any other surfaces that could have potentially been infected/touched.

6. Quarantine or Self-Isolate if:

- a. Any Team Member who has travelled outside of Canada within the last 14 days is not permitted to enter any part of the facility and must quarantine and self-isolate.
- b. Any Team Member with any symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.

- c.** Any Team Member from a household with someone showing symptoms of COVID-19 is not permitted to enter any part of the facility and must quarantine and self-isolate.
- d.** Any Team Member who is in quarantine or self-isolating as a result of contact with an infected person or in families who are self-isolating, is not permitted to enter any part of the facility.

COVID-19 HEALTH DECLARATION - APPENDIX B

League Name: (League Name)

Date: October 28, 2020

“By signing next to my name below,

1. I am aware of the symptoms of COVID-19 and other respiratory or communicable illness.
2. I do not currently have any symptoms of COVID-19 or of any other respiratory or communicable illness, and have not had any such symptoms for the past 14 days.
3. I have not been in personal contact with anyone who has COVID-19 or other respiratory or communicable illness for the past 14 days.
4. I have not left British Columbia or otherwise entered Canada after travelling abroad in the last 14 days.
5. To the best of my knowledge, I have not been exposed to COVID-19 or other respiratory or communicable illness in the past 14 days.
6. If I develop any symptoms of COVID-19 or of any other respiratory or communicable illness, I will immediately inform the club/manager/board of my symptoms and on-set so that the club may take all appropriate precautions.
7. I have read and agree to all of the statements set out above.

First Name	Last Name	Email	Phone	Time IN	Time OUT	
Player 1	Player 1					
Player 2	Player 2					
Player 3	Player 3					
Player 4	Player 4					
Player 5	Player 5					
Player 6	Player 6					
Player 7	Player 7					
Player 8	Player 8					
Etc...						

Appendix 5: Distancing Illustrations

